

1st Deputy Chief
Richard F. Shoff, Jr.



Deputy Chiefs
Richard H. Trudell
Julie L. Shulsky
Mark M. Rusin

SYRACUSE POLICE DEPARTMENT

Joseph L. Cecile, Chief

Coach Ben Tallini and his team at Haven Jiu Jitsu have been a staple in teaching our new Police recruits Jiu Jitsu and defensive tactics in the Syracuse Regional Police Academy. Starting early in their Police training, our recruits are required to attend Jiu Jitsu instruction at Haven twice a week during their time in the academy. Since beginning Jiu Jitsu training, I personally observed our recruits gain more confidence, increase physical strength and endurance, and learn subject control during stressful situations. Later in the academy the recruits are introduced to DCJS Law Enforcement Defensive Tactics and our DT Cadre have reported the recruits are better prepared, more knowledgeable, and have a better understanding of defensive tactics and techniques being taught. Professor Tallini is a passionate and highly experienced Jiu Jitsu black belt who has committed himself to providing quality Jiu Jitsu to our new Police recruits. I am pleased with the level of instruction provided at Haven Jiu Jitsu and would recommend their program for all Law Enforcement agencies.

A handwritten signature in cursive script, appearing to read "Taras Senenko".

Respectfully Submitted,
Sergeant Taras Senenko
SPD Academy Director